

Activity sheet

Understanding matrix

Name: _____

Class: _____

Place a tick in the column that best describes your understanding of each of the headings. If you know a little or more, then write something about what you know in the evidence column.

	I know nothing about this	I know a little bit about this	I know a lot about this	I can teach others about this	Evidence to show what I know
Homeostasis					
Gas exchange in humans					
Cells					
Diffusion and osmosis					
IPO model					
Respiratory system					
Excretory system					
Lungs					
Skin					
Kidneys					
Function of the nephron					
Nervous system					
Hormones					
Endocrine system					
Thyroid					
Central nervous system					